

SESSION 4 FAMILY GUIDE

WHAT DOES THE BIBLE SAY ABOUT ME?

The Bible tells us what is true about ourselves.

All humans—male and female, every color and race—bear the image of God. All are created equally. All of humanity has intrinsic worth and value. Every life is valuable because our lives reflect the value and worthiness of God. Being made in the image of God also determines our purpose. Everything God does is for His glory. Therefore, as image bearers, everything we do should be for His glory as well. Unfortunately, the image we were created to reflect is broken because of sin, however, through the person and work of Jesus, God is restoring our broken image back to its perfect state. Jesus redeems our identity by making us a new creation. (See 2 Cor. 5:17.)

Key Verse: *Psalm 139:14*

Key Passages: *Genesis 1:26-31; Isaiah 43:7; Ephesians 2:1-10*

STUDY

Who does God say I am?

- Our identity and who we are is bound to the truth that we are made in the image of God. In other words, God declares the truth of our identity by saying, “You are made to reflect me.” God also states that as image bearers, we are all equal and valued by Him. Every life has intrinsic worth and value because we were created by an infinitely worthy God.

What is my purpose?

- God created all people to bring Him glory. As image bearers our purpose is to reflect God’s glory to the world. If God does everything for His glory (See Is. 43:7), then we are also to mirror His mission. Glorifying God is not only what we are created to do, but it is also where we will find ultimate joy. (See John 15:11.) Did Jesus affirm Scripture?

Who am I in Christ?

- In Jesus, the broken image is being restored. Through faith in Jesus, God makes us into new creations who no longer desire to live according to the flesh. This renewed identity is given by God when we come to saving faith in Jesus. By growing in the truth, God renews our minds so that we look more like Jesus. Day by day, as we run to Jesus, the broken image is being restored.

DISCUSS

- How can you as a family, as well as individually, look to Jesus more every day in your daily habits?
- How does the fact that people are created in the image of God change how you interact with each other? With your neighbors?
- How can you renew your mind to God’s truth in order to become more like Jesus?

PRAY

Give thanks to God for His saving grace and restorative work in your lives. Acknowledge Jesus’ sacrifice so that you and your preteen can experience what it means to be a new creation. Confess any areas that might tempt you to steal God’s glory for yourself or where you might treat another image bearer in an unloving way. Ask God to help you walk in His truth so that He may conform you into the image of Jesus.

LOVE THY NEIGHBOR

All people bear the image of God. Therefore, everyone is valued and loved by Him. As a family, seek out a service project opportunity for a neighbor as a means to show they are loved. You could do yard work, make a meal, offer to watch their kids, and so forth. Even just a small gesture goes a long way to show you care.